



Whittaker Moss Physical Education Curriculum Map 2025-26

<u>Year Group</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Nursery</u>	Agility, Space & Movement		Dance – Exploring Movement		Ball Skills	
<u>Reception</u>	Agility, Space & Movement	Dance – Fairy Tales	Ball Skills	Gymnastics	Dance - Minibeasts	Athletics
<u>Year One</u>	Dance – Colours Ball Skills	Striking/Throwing Catching Gymnastics	Attacking & Defending Dance - Weather	Gymnastics Football/Rugby	Fitness Circuits Dance - Seaside	Athletics Gymnastics
<u>Year Two</u>	Ball Skills Dance – Patterns/Shapes/Jumps	Striking & Gathering Gymnastics	Yoga Dance - Toys	Gymnastics Tactics & Technique	Hockey & Basketball Dance - Animals	Athletics Gymnastics
<u>Year Three</u>	Athletics Lacrosse	Gymnastics Netball	Dance – Cheerleading Hockey	Football Gymnastics	Cricket Dance - Kites	Gymnastics Rugby
<u>4W</u>	Tennis Swimming	Basketball Swimming	Gymnastics Swimming	Dance – Bollywood Handball	Athletics Dance-Life Cycles	Gymnastics Rounders
<u>4M</u>	Dance- Bollywood Tennis	Basketball Gymnastics	Dance – Life Cycles Handball	Gymnastics Swimming	Rounders Swimming	Athletics Swimming
<u>Year Five</u>	Dance – Haka Football	Athletics Gymnastics	Dance – Street Hockey	Gymnastics Netball	Gymnastics Dance - Rivers	Cricket Tag Rugby
<u>Year Six</u>	Tennis Dance- Street Art	Basketball Gymnastics	Handball Dance – Olympic Games	Dance – Space Rounders	Athletics Gymnastics	Outdoor and Adventure Gymnastics