

Lesson Checklist Year 3

3D PSHE and Citizenship

	Lesson Code	Lesson Title	Lesson Complete
Autumn 1	C2U1L1	Clear Messages - Dot, Dot, Dash	
	C2L1L2	Listening and Responding - I Hear You	
	C2U4L1	Friendship 1 - Best Features	
	C2U4L2	Friendship 2 - Circles Time	
	C2U4L3	Friendship 3 - Falling Out	
	Safe Zone L1	Self-Image and Identity	
Autumn 2	C1U1L1	Balanced Approach - Define: Healthy	
	C1U1L2	Physical Exercise - Active Kids?	
	C1U1L3	Lifestyle Choices - It's Your Choice	
	C1U2L1	Balanced Diet 1 - Plant or Animal?	
	C1U2L2	Balanced Diet 2 - Balancing Act	
	C1U1L4	Sleep - Sweet Dreams	
	Safe Zone L2.1	Online Relationships	
	Safe Zone L2.2	Online Bullying	

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Spring 1	C2U3L1	Connections - Paper Chains	
	C2U3L2	Family Links - Family Tree	
	C2U3L6	Self-Respect - Let's R.O.C.K	
	CITU2L1	Identified Strengths 1 - I'm Good At That	
	CITU2L2	Identified Strengths 2 - Future Me	
	Safe Zone L3	Online Reputation/Managing Information Online	
Spring 2	C1U4L1	Loss/Separation 1 - Lost!	
	C1U4L2	Loss/Separation 2 - Found!	
	C2U2L1	Reactions - Frustration!	
	C2U2L2	Self-Worth - I'm A Marvel	
	Safe Zone L4	Health, Wellbeing and Lifestyle	
	Safe Zone L5	Privacy and Security	

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Summer 1	C1U3L1	Before Puberty - You've Grown	
	C1U3L2	Keeping Clean - Squeaky Clean	
	C1U5L3	Illness Prevention - Aaachooo!	
	C2U3L4	Religious Views 1 - Faith Finding	
	CITU1L1	Rules - I'm In Charge	
	Safe Zone L6	Copyright and Ownership	
Summer 2	C1U5L1	Sun Safety - Too Hot!	
	C1U5L2	Beach Safety - Follow The Flags	
	CITU1L2	Thinking Ahead - Lesson Planning	
	CITU1L3	Taking The Lead - Learning Time	
	CITU4L1	Working Together 1 - Name Game	
	CITU4L2	Working Together 2 - Build It Up	
	CITU4L3	Shared Goals - Better Places	