

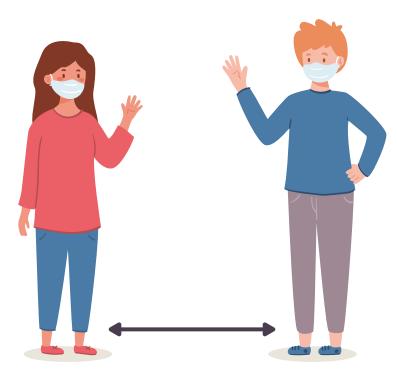
We have been staying in our houses because of an illness.

It is called **coronavirus**.

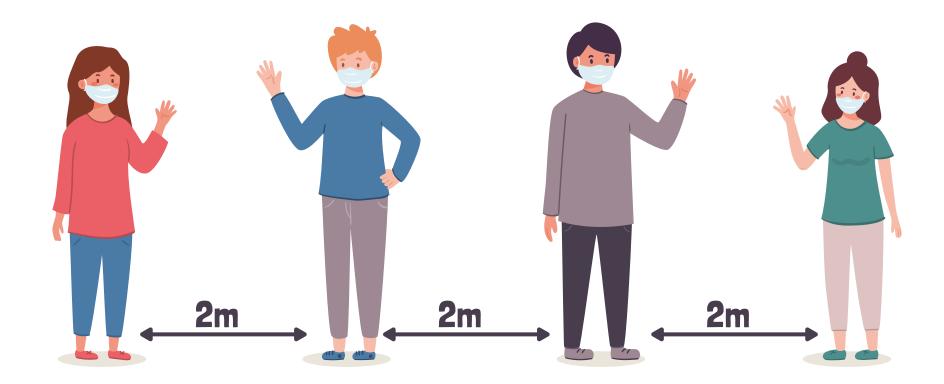
Coronavirus can make people feel very sick.



To keep ourselves safe, we must be **socially distant** from others unless they live in our houses.

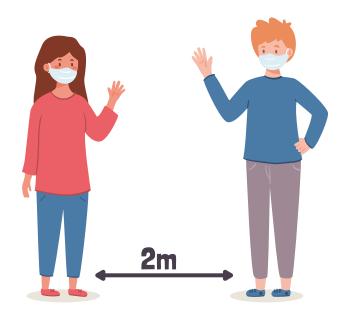


Social distancing means we have to stay **at least two metres** away from people when we are outdoors and not at home.



When we can go back to school, we will still have to try and stay **two metres apart** from our friends and teacher and we must **wash our hands** lots of times a day.







Washing our hands will help us safe too.

We must wash our hands for **20 seconds** using soap and warm water.





Some people might **wear masks** which cover part of their faces. This is another way to keep safe and **stop them spreading any germs**.

It might look a little frightening but I will get used to it and can tell my teacher if I am feeling worried.



We might have to **start and finish school at different times to our friends**. This is to make it easier to stay two metres away from people who do not live in our houses.

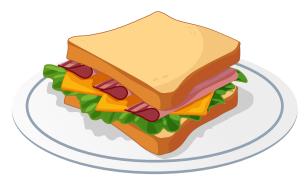


Our **playtimes and lunchtimes will be different** too. This is to keep us safe.

We might need to eat at different times and play in our small groups.

This might make me **feel sad** but I will still have fun playing with the people in my group.

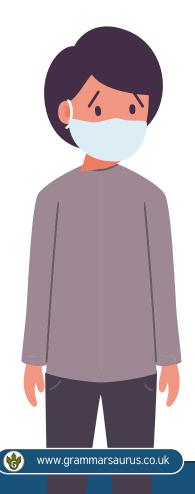




It will feel strange because I **cannot hug**, **high five** or **touch** anyone who does not live in my house.



Things may feel different for a while, this might make me **feel sad or worried**.



If I feel sad or worried, I can talk to people I trust at home or my teachers

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and they will help me feel happy and calm.



Social distancing may be strange but it will help keep everyone happy, healthy and safe.

